



MEMBER PROFILE QUESTIONS

INTRO :

Member Name : Lauren Moore

QUESTIONS :

1. What made you decide to pursue criminal law?

Criminal law stood out to me as the place where legal principles meet real human consequences. It's where rights are tested, not just talked about. I didn't want to watch from the sidelines. I wanted to be part of the work that makes a difference when it matters most.

2. What type of cases are you most interested in defending and why?

I'm drawn to cases involving people who've been systemically overlooked — those pushed into conflict with the law by social, economic, or psychological pressures. Often, they've been failed long before they're charged. These are the cases where principled advocacy matters most, and where the law's impact is most visible.



3. How did your decision to pursue the practice of criminal law change you?

It's made me more exacting and more grounded. This work demands clarity, consistency, and patience. I've learned that doing it well means listening closely, thinking deeply, and never confusing speed with strength.

4. Related to your studies, what inspired you most?

Sentencing law challenged my assumptions early on — it asks not only what harm was done, but what justice should look like in response. My double major in law and political science at Algoma University helped shape that lens. It taught me to read legal questions as fundamentally political ones, too.

5. Was there a professor that really had a positive impact on you?

Professor Julian Hermida at Algoma University was that person. He didn't just teach the material — he encouraged me to see myself as someone who could step into this profession. His mentorship gave me a sense of direction and purpose when I needed it most.

6. What advice would you give to your younger self when you first started law school?

Slow down. Breathe. You don't need to be impressive. You need to be intentional. Don't chase prestige. Build real skills, stay grounded in your values, and speak up even if your voice shakes a little at first.



7. Who is your role model/inspiration in criminal law?

Listening to Marie Henein at the 2025 CLA Women's Conference was a defining moment — not because of her reputation, but because of the sheer focus and discipline she carries. Jessyca Greenwood has had an even deeper influence. She's not only precise and client-focused — she's fearless in the courtroom, generous with her knowledge, and uncompromising in her standards. Working under her has shown me what it means to lead with both integrity and force. She doesn't just advocate; she builds cases that hold together under pressure, and she trains you to do the same.

8. How do you maintain school, work, and life balance and deal with the stress of the job?

By staying organized and honest. I try to keep firm boundaries and check in with myself regularly. When the pressure builds, I focus on rest, routine, and remembering why I came to this work in the first place.

9. What do you do outside of the law?

I practice yoga, meditate, read often, and collect first edition novels. My husband and I spend time at our cottages with our dogs. They're quiet, simple places that keep us grounded. That time away from the city helps me reset and come back to the work clear-headed.