



THE **VOICE** OF  
THE **CRIMINAL**  
**DEFENCE BAR**

### MEMBER PROFILE QUESTIONS

#### INTRO :

**Member Name :** Stephen Gehl

#### QUESTIONS :

##### **1- How did you get into criminal law?**

I was a child of the 60s and we thought we were going to change the world. This was one way to do it.

##### **2- What type of cases do you enjoy defending the most and why?**

I have developed a subspecialty in mental health/criminal law cases, which I really enjoy. I find them challenging, and I can relate to those caught up in the system who suffer from mental disorders.



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**3- How did the practice of criminal law change you?**

It opened my eyes to the uncertainty of policing criminal justice, and law generally. I realized that the one lesson that we should've learned that we don't seem to have learned is we really don't know nearly as much as we think we do, and it is all too easy to forget that.

**4- What advice would you give to your younger self when you first started practising criminal law?**

Nothing, my younger self wouldn't take advice from anybody, including my older self.

**5- Who is your role model/inspiration in criminal law?**

There were many but especially in KW, Steve Glithero and Dave Cook, were inspirational.



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**6- How do you maintain work life balance and how do you deal with the stress of the job?**

I don't really maintain life work balances, and never have. I used to play racquetball a lot and that was extremely useful in managing stress.

**7- What do you do outside of the law?**

I don't do too much outside. I used to play racquetball a lot. I was very in the game and got to know all of the people in the game and it became a hobby as well as just physical exercise. I would recommend this game or a game like it to anybody in our line of work.