



THE **VOICE** OF
THE **CRIMINAL**
DEFENCE BAR

MEMBER PROFILE QUESTIONS

INTRO :

Member Name : Fahd Ahmed

QUESTIONS :

1- How did you get into criminal law?

I wanted to be involved in the conversation about the limits of state authority and individual rights. After working in a regulatory body, I wanted to experience what it was like working on the other side and defending individual rights. I also wanted to advocate for people from marginalized communities since law school, especially vulnerable and low income people. Criminal defence lawyers are known for protecting individual rights and marginalized people, so it seemed like a good fit.

2- What type of cases do you enjoy defending the most and why?

I enjoy working on firearms and sexual assault cases because I find the law on those topics stimulating. I also like working on cases at the intersection of criminal and civil litigation involving parallel criminal and civil matters (e.g. fraud litigation, civil actions against the police etc) because they are complex.



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3- How did the practice of criminal law change you?

I learned that social justice work is very challenging, and it can also be frustrating at times, but overall it is extremely rewarding.

4- What advice would you give to your younger self when you first started practising criminal law?

Get your driver's license.

5- How do you maintain work life balance and how do you deal with the stress of the job?

I try to maintain work life balance by ensuring I spend time with my family and friends. I especially enjoy eating out with my family. I relieve stress by going to the gym a lot.

12- What is your biggest legal inspiration?

6- What do you do outside of the law?

Outside of lawyering, I try to pursue fitness goals and stay active generally. I am also learning French at the moment.